

August 26, 2009

To Faculty of University of South Florida St Petersburg:

In light of recent concerns about the H1N1 (swine) flu and in order to be consistent with USF Tampa guidelines, I would like to propose that all of us at USFSP partner with each other to address any challenges we may encounter.

The recommendation from the CDC is that those infected with the virus stay home until they have a normal temperature for 24 hours without the aid of medication. Based on this recommendation, we respectfully request that you consider relaxing attendance and work requirements for students infected with the H1N1 virus and reflect these considerations in your Fall syllabus. Given the contagious nature of this virus, it would be best if these students did not attend class and kept their distance from others to limit exposure.

It is also very important for all of us to educate our students on general precautions such as:

- Washing hands with soap and water regularly and using hand sanitizer
- Using disinfectant wipes to sanitize common areas
- Covering nose and mouth with a fresh tissue or sleeve when coughing or sneezing
- Avoiding contact with nose, eyes, and mouth to decrease spreading of germs

Additionally, it is important to note that **USFSP does not have a health facility**. Therefore, if students are in high-risk categories (pregnancy, underlying medical conditions such as asthma, heart-related illness, diabetes, etc) or are exhibiting more serious symptoms, they may require medical attention that we cannot provide. If you encounter this, please assist us by providing these students with referrals (see attached). These physicians accept most insurance, have fee-based services, and are available for acute care if needed. Students **must identify as USFSP students** when calling for an appointment. Moreover, students do not need to be seen at the Center to use these physicians' services.

The USFSP website (www.stpete.usf.edu/H1N1) has links to information on the H1N1 flu, to provide further education and links to community resources. We will continue to post updates on our website and communicate with faculty and staff members as information becomes available.

Thank you for your cooperation and dedication to ensuring the health and well-being of our campus community.

Sincerely,

Anita Sahgal, Psy. D.
Clinical Director
Center for Counseling, Health & Wellness
University of South Florida, St Petersburg
727-873-4422

Primary Care (*Please check with your insurance provider for coverage information)

Dr. John A. Gross

116 – 1st Street North
St. Petersburg, FL 33701
Services: Family and Sports Medicine, immunizations
(727) 895-5210

Dr. Karen Castellano

116 – 1st Street North
St. Petersburg, FL 33701
Services: Family Medicine, immunizations
(727) 895-5210

Dr. Danita Wong, Med-Ped, P.A.

333 9th Street North
St. Petersburg, FL 33701
Services: Internal & Pediatric Medicine, immunizations
(727) 823-1111

Pinellas County Health Department

205 Dr. M.L. King Street North
St. Petersburg, FL. 33701
www.pinellashealth.com
Services: Immunizations, Family Planning, HIV/AIDS, STI Clinic, WIC, Healthy Start
Fees: Sliding Fee Scale
(727) 824-6900

Walk-In Clinics

Publix Little Clinic

200 37th Ave N
St Petersburg, FL 33704-1416
www.thelittleclinic.com
(727) 894-2073

CVS Minute Clinic

8001 9th St. North
Saint Petersburg , FL 33702
(727) 577-6888

Walgreens Take Care Clinic

3851 4th St North
Saint Petersburg, FL 33703
www.TakeCareHealth.com
(727) 822-6896

Hospitals / Emergency Rooms

Bayfront Medical Center

701 6th Street South
St. Petersburg, Fl. 33701
www.bayfront.org
(727) 823-1234

St. Anthony's Health Care

1200 7th Avenue North
St. Petersburg, FL. 33705
www.stanthonys.com
(727) 825-1100

All Children's Hospital

801 6th Street South
St. Petersburg, FL. 33701
(727) 898-7451